



HUMBOLDT MEDIATION SERVICES

Phone: (707) 572-4092 ● humboldtmediation@reninet.com
www.humboldtmediationservices.org

Who We Are

Established in 1983, **Humboldt Mediation Services** is a community based, non-governmental, nonprofit organization of trained volunteer Community Mediators.

- We provide **conflict resolution services** for disputes of all kinds, including divorce and separation, child custody, family conflict, workplace or business conflict, property conflict, and tenant-landlord conflict.
- Our **Community Board** style of mediation encourages communication, collaborative resolution, and win-win solutions as an alternative to costly court cases and ongoing conflicts.
- We also offer annual **Community Mediator Training, Communication and Conflict Management** workshops, meeting and focus group facilitation, and custom workshops to the community.

Our goal is to **work locally toward global peace** by providing community members and organizations with community-based peacemaking tools.

We mediate these types of disputes:

- Divorces and Separations, including Child Custody / Support / Visitation Agreements
- Landlord / Tenant
- Housemates / Roommates
- Conflict with Neighbor(s)
- Parent / Child
- Elder Care
- Property Issues
- Teacher or School Administrator / Pupil or Parent
- Seller / Buyer
- Business Partners, Business / Business, Business / Customer
- Workplace Conflicts (Employees, Supervisors)

How can HMS Help You?

Are you faced with conflict or involved in a dispute? Would you like to find a solution that will let you live in peace? Call or email our Case Manager. There's no cost or obligation for this consultation.

Mediation Services

HMS practices the **Community Boards** model of Alternative Dispute Resolution (ADR). Community Board mediation is a forum for conflict resolution with a panel of three trained, neutral mediators to guide you through the process.

HMS trains and certifies all volunteer mediators and new mediators are mentored until they gain enough experience to lead a panel on their own.

Prior to the mediation session(s), two mediators meet privately with each disputant to identify each person's issues and interests in a process called **Case Development**. The goal is for each person involved to communicate their feelings, wants and needs so they can write an agreement together solving the conflict.

This can take one session or many sessions; the choice is up to the participants. You own the process!

Humboldt Mediation Services is a 501(c)(3) nonprofit public charity.



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HMS mediators are neutral facilitators, clarifiers, ground-rule enforcers, and consultants in the construction of agreements. HMS mediators never impose solutions on you, never make decisions on your behalf, and never make recommendations to courts or other agencies.

HMS Goals

- Establish efficient, simple, confidential forums for resolution of conflict between people in the Humboldt community.
- Encourage people to deal with problems that they have unhappily tolerated.
- Allow those in conflict to take responsibility for resolving their disputes before they escalate to irreconcilable situations.
- Build mutually beneficial and productive relationships with individuals and organizations that promote just and collaborative approaches to shared challenges and concerns.
- Divert from the courts those cases that are more appropriately handled outside the court system.
- Train members of the Humboldt Community to serve as mediators.
- Provide volunteers with opportunities to contribute to the community and the effectiveness of HMS, and to strengthen individual growth in alternative dispute resolution. (ADR)

Trainings

Communication & Conflict Management Workshops

A one-day exploration of personal conflict management and resolution techniques, including dealing with difficult people and creating long-lasting agreements. Communication skills learned in this workshop can be applied at home, in the workplace or when you are out and about.

Community Mediator Training

Our Community Mediator Training is generally held one or more times per year. Call HMS (707-572-4092) if you would like to be included in our email interest list. Mediator Training includes techniques for case development, facilitating effective discussion, dealing with strong emotion, building trust and creating workable agreements. Valuable both for those who would like to mediate with HMS and for those who would like to build their conflict resolution skills.